



## No Surprises Act Notice

The No Surprises Act went into effect on January 1, 2022, under Section 2799B-6 of the Public Health Service Act. This act was created to protect consumers from balance billing, also known as surprise medical bills. Nichols PT & Wellness does not participate in balance billing. Furthermore, Nichols PT & Wellness's billing policy is transparent in nature and the per visit cost is known upfront. The number of visits is recommended and never required, and these recommended visits are openly discussed with each patient at any point of time in their plan of care. However, this notice serves the purpose of informing you of your right to request a Good Faith Estimate prior to receiving services.

A Good Faith Estimate is a comprehensive list of estimated services that are expected to be required throughout your plan of care and contains an estimate of your total cost of treatment. Your Good Faith Estimate must be received 1 business day prior to receiving services. You can dispute a medical bill if your final charges are at least \$400 higher than your good faith estimate. To dispute a medical bill, you must file your dispute claim within 120 days of the date on your bill and retain a copy of your Good Faith Estimate.

If you have questions please contact Nichols PT & Wellness, LLC at (785) 410-1823.

Helpful links to better understand the No Surprises Act:

<https://www.cms.gov/files/document/nosurpriseactfactsheet-final508.pdf>

<https://www.cms.gov/nosurprises/consumers>

Last updated January 12, 2026.